

Groups

We run various types of groups at different times throughout year.

These include:

- SMART Recovery©
- STEPS/ Pre-CE Courses
- Women's groups
- Therapeutic groups
- Positive Mental Health promotion
- Educational Groups



Collins Avenue East, Donnycarney, Dublin 5

Reception Number: 01 8314985
Drug Team Mobile: 086-6036507/ 087-2016787
e: reception@dyp.ie
w: www.dyp.ie

Referrals can be made by contacting the drug team mobile.

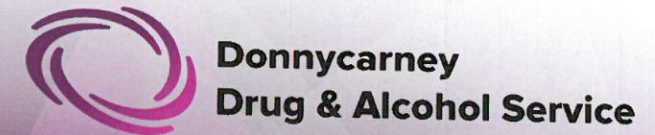
Opening hours
Mon: 9am - 6pm
Tues: 9am - 8:30pm
Wed: 9am - 6pm
Thurs: 9am - 8:30pm
Fr: 9am - 5pm



Buses: 27, 27B, 15, 14, 27A, 42



5 mins walk fom Kilester Dart Station



The Donnycarney Drug & Alcohol Team work with all drug users regardless of their drug of choice to support them in their journey towards a drug free lifestyle.

Who We Are

The Donnycarney Drug & Alcohol Team work with all service users regardless of their substance of choice to support them in their journey towards recovery and a more positive lifestyle.

The majority of the participants attending DYP are in recovery from drug and alcohol addiction and for many DYP is the first point of contact in addressing their addiction issues.

We work with other agencies involved with the clients in order to manage their case more effectively.

We operate various services for those who are affected by substance misuse within the Dublin North East Drug and Alcohol Task Force Area.

Our Service

- One to one support services
- Key-working
- Stabilisation / Relapse Prevention Programme
- Group Work
- Housing Support
- Information/ Advice
- Complementary Therapies/Auricular acupuncture
- QQI Modules (Accredited Centre)
- Family Support
- Methadone maintenance
- Health Promotion
- CE Scheme
- Sessional Counselling
- DYP response - Poly drug use evening service (aimed at those who work during the day)
- Referral Services
- Case Management
- Outreach/Prison Visits

Donnycarney CE Scheme

"Donnycarney CE Scheme aims to provide rehabilitation through training, education and recreation. The CE Scheme is for those in recovery who want to learn new life skills, become more self-aware, get work ready and gain qualifications in the process"

- QQI Modules Level 3
- Self-Advocacy
- Therapeutic and recovery groups
- Personal Development
- Outdoor Activities
- Exercise/Fitness
- Key working
- Complementary Therapies

Times: 9:30 -1:30pm



DYP Response:

The project is currently responding to poly drug use. The initiative was originally set up to tackle cocaine and alcohol use but has expanded to poly drug use.

The initiative includes:

- Cognitive Behavioural Therapeutic counselling.
- Key-working & care-planning
- Auricular Acupuncture.
- Group work (Relapse Prevention/SMART Recovery©)

HSE Satellite Clinic

The Donnycarney Satellite clinic is operated by the HSE and supported by the staff of the Donnycarney Drug & Alcohol Service. The doctor, nurse and General assistants operate a prescription clinic once a week, on Mondays between 2-3pm for those living in the locality. Clients are upon assessment referred to a local community pharmacy for dispensing.

For further information, please contact any of the Project workers.

Email: recovery@dyp.ie.



**Donnycarney
Drug & Alcohol Service**